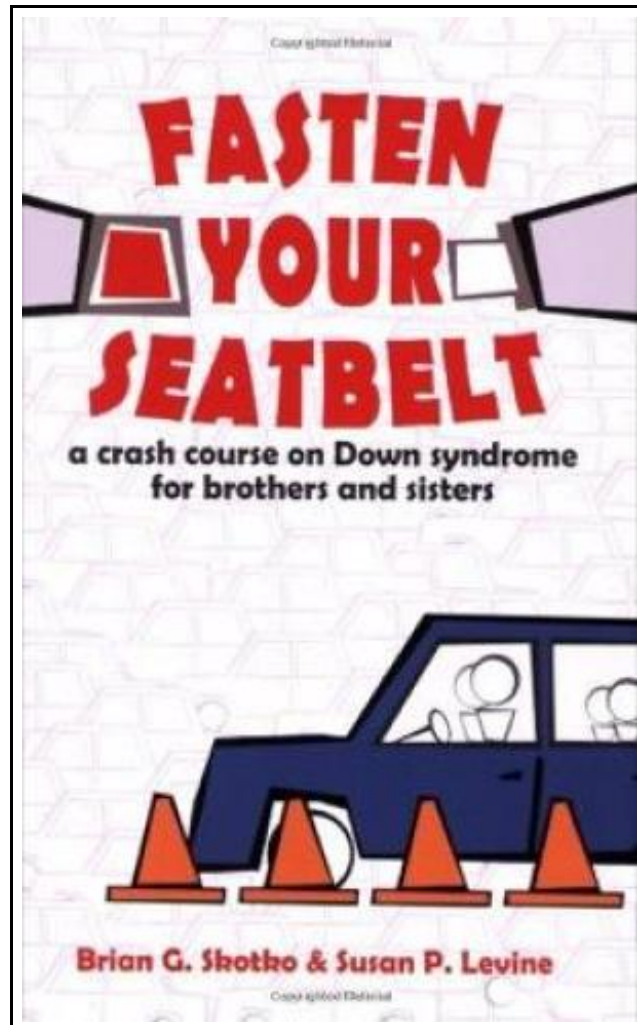


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FASTEN YOUR SEATBELT: A CRASH COURSE ON DOWN SYNDROME FOR BROTHERS AND SISTERS

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Woodbine House, 2009. Softcover. Book Condition: New. Even the closest brothers and sisters don't always get along or understand each other. Add a disability like Down syndrome to the mix, and that sibling relationship gets even more complicated, especially for teenagers. **Fasten Your Seatbelt** is the first book written exclusively for teens with a brother or sister with Down syndrome. In an easy-to-read, question & answer format, it tackles a broad range of their most common issues and concerns. Nearly 100 questions -- all posed by teen siblings -- are grouped into the following categories: . Facts and stats about Down syndrome . How people with Down syndrome learn . Handling parent and family conflicts . Dealing with your sibling's frustrating behaviors . Managing uncomfortable situations . Sorting out your feelings . Becoming an advocate . What the future holds for you and your sibling . Finding local and national resources Thoughtful, knowledgeable answers are provided by Brian Skotko, the brother of a young woman with Down syndrome, and Sue Levine, a social worker focused on sibling issues for the past 30 years. **Fasten Your Seatbelt** gives teens the green light to explore their own feelings and questions about their sibling with Down syndrome and how their relationship may change in the future. Wondering what's on their minds? Here are a few sample questions from the book: . Why does my brother always have temper tantrums? . How can one extra chromosome make someone so different? . Can my sister with Down syndrome marry someday? . Will my brother be able to live on his own as an adult? Brian Skotko, MD, MPP, is a physician at Children's Hospital Boston with a focus on children with intellectual disabilities. He serves on the board of directors for several disability organizations, including...



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