



## Fast Minds: How to Thrive If You Have ADHD (Or Think You Might)

By Surman, Craig; Bilkey, Tim; Weintraub, Karen

Berkley, 2013. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: "Fast Minds delivers! A concise, practical, easy-to-read, yet sophisticated guide to what will help you most if you have ADHD. This book has the virtues of brevity and simplicity without losing the authority and power its roots in evidence and research provide. A superb book." Edward Hallowell, M.D., coauthor of *Driven to Distraction* "A 24 hours-a-day/7 days-a-week guidebook that adults with ADHD will find essential." J. Russell Ramsay, Ph.D., Co-Director, Adult ADHD Treatment and Research Program, Perelman School of Medicine at the University of Pennsylvania "A must-have for every person struggling to live a more organized life! Understandable, full of practical tools and insights, and backed up by science." Nancy A. Ratey, Ed.M., Master Certified Coach, ICF; Senior Certified ADHD Coach, author of *The Disorganized Mind* "A fascinating and refreshing perspective on ADHD. an excellent set of recommendations for how people with adult ADHD can manage their difficulties and lead more successful and fulfilling lives." Russell A. Barkley, Ph.D. Clinical Professor of Psychiatry and Pediatrics Medical University of South Carolina, author of *Taking Charge of Adult ADHD* "Finally, somebody gets ADHD! Fast Minds offers readers a path from..."



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### Reviews

*Comprehensive guide for publication lovers. it absolutely was writtern really flawlessly and valuable. You wont really feel monotony at whenever you want of your own time (that's what catalogs are for concerning if you ask me).*

-- **Rowan Gerlach II**

*This written book is great. I am quite late in start reading this one, but better then never. You will not really feel monotony at at any moment of your time (that's what catalogues are for about when you check with me).*

-- **Abe Reichel DDS**

## Other Books



### **Star Flights Bedtime Spaceship: Journey Through Space While Drifting Off to Sleep**

CreateSpace Independent Publishing Platform, 2013. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: "Star Flights Bedtime Spaceship" is a charming and fun story with the purpose to help children unwind and go to sleep. The underlying...



### **Ne ma Goes to Daycare (Paperback)**

AUTHORHOUSE, United States, 2015. Paperback. Book Condition: New. 216 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book is about a little biracial (African American/Caucasian) girl s first day of daycare and preparing her for kindergarten....



### **Grandpa Spanielson's Chicken Pox Stories: Story #1: The Octopus (I Can Read Book 2)**

HarperCollins, 2005. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Foreword by Raph Koster. Introduction. I. EXECUTIVE CONSIDERATIONS. 1. The Market. Do We Enter the Market? Basic Considerations. How and Which Niche? Market Analysis: Who Are...



### **The Web Collection Revealed, Premium Edition: Adobe Dreamweaver CS6, Flash CS6, and Photoshop CS6 (Stay Current with Adobe Creative Cloud)**

Cengage Learning, 2012. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: You can now maximize and integrate the design and development power of Adobe Creative Suite 6 with WEB COLLECTION REVEALED PREMIUM EDITION. This one of...



### **Maisy's Christmas Tree**

Candlewick, 2014. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: The final scene of the gang caroling around the tree, complete with paper crowns from British Christmas crackers, is delightful. Toddlers celebrating the holiday will enjoy...



### **The Preschool Inclusion Toolbox: How to Build and Lead a High-Quality Program (Paperback)**

Brookes Publishing Co, United States, 2015. Paperback. Book Condition: New. 274 x 213 mm. Language: English . Brand New Book. Filled with tips, tools, and strategies, this book is the comprehensive, practical toolbox preschool administrators need to implement early childhood inclusion through...