



The Complete Sous Vide Supreme Cookbook: Easy, Delicious, State-Of-The-Art Cooking (Paperback)

By Jo McAuley

Hamlyn (UK), United States, 2016. Paperback. Book Condition: New. 234 x 188 mm. Language: English . Brand New Book. The sous vide technique has been the secret of great chefs around the world for decades. Providing foolproof results, the method involves cooking vacuum-sealed pouches in a water bath at a precisely-controlled temperature. This retains the juices and aromas lost by traditional cooking as well as retaining all the nutrients. Now sous vide machines are affordable for all and this cookbook contains 80 day-to-day delicious recipes you can cook at home. Covering a full range of cuisines and courses, this cookbook showcases the full range of benefits the machine has to offer. SousVide Supreme is the leading affordable water oven around the world, but whatever home model you ve bought, this cookbook will be indispensable.



READ ONLINE

[8.97 MB]

Reviews

Most of these pdf is the ideal pdf available. It is definitely basic but shocks within the 50 percent of your book. I am just easily could get a delight of reading through a written book.

-- Jany Crist

This book could be worthy of a read through, and a lot better than other. It can be full of knowledge and wisdom I am just happy to tell you that here is the best book we have read through inside my personal lifestyle and could be he finest pdf for ever.

-- Miss Concepcion Gusikowski DDS