



Invincible: The 10 Lies You Learn Growing Up with Domestic Violence, and the Truths to Set You Free

By Brian F Martin

BRILLIANCE AUDIO, United States, 2015. CD-Audio. Book Condition: New. Unabridged. 170 x 135 mm. Language: English . Brand New. In vin ci ble: incapable of being overcome When you grow up living with domestic violence, witnessing those you love tear each other down with physical and verbal blows, your brain doesn't know how to deal with that. From Invincible's Foreword by Tony Robbins According to UNICEF, growing up with domestic violence is one of the most pervasive human rights violations in the world, affecting more than a billion people. Yet, too few people are aware of the profound impact it can have. Invincible seeks to change this lack of awareness and understanding with a compelling look at this important issue, informing and inspiring anyone who grew up living with domestic violence and those who love them, work with them, teach them, and mentor them. Through powerful first-person stories, including the author's own experiences, as well as insightful commentary based on the most recent social science and psychology research, Invincible not only offers a deeper understanding of the concerns and challenges of domestic violence, but also provides proven strategies everyone can use to reclaim their lives and futures. What did you...



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Reviews

The book is fantastic and great. It generally does not expense excessive. Its been designed in an exceptionally easy way and it is simply right after i finished reading through this book by which really changed me, change the way i think.

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