



Quit: Read This Book and Stop Smoking

By Charles F. Wetherall

Running Press. Hardback. Book Condition: new. BRAND NEW, Quit: Read This Book and Stop Smoking, Charles F. Wetherall, The classic anti-smoking bestseller, revised and updated for the 21st century, is now coming to our Miniature Edition(R) line! With an estimated 45 million smokers in the U.S. and smoking-related diseases claiming 438,000 American lives each year, a revision of this perennial bestseller is just what the doctor ordered. Now in our pocket-sized, accessible Miniature Edition(R) format, fully updated with the most current disease and smoking statistics and its positive, persuasive message, this book will help a whole new generation of smokers quit.



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