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Senior Brain Puzzles: Keep Your Brain Young (Paperback)

By Kalman Toth M a M Phil

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Large Print. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.#1 bestseller puzzle book for senior adults. The entertaining puzzle book is specifically designed for active seniors to keep their brains in top operating condition. The book can also provide successful brain therapy for seniors with Alzheimer s or Parkinson s disease and stroke patients struggling with dementia. Even the person who may not have done puzzles in the past may enjoy this brain activity. The puzzles have been simplified for patient success. Early stage patients can do the harder puzzles provided in this book. There are also easier puzzles. For example, word search puzzles have a checklist. Solvers simply have to checkmark the list and circle the words. Intelligence Quotient - IQ - is a scientific assessment of an individual s intelligence. A person s IQ derives from measuring problem-solving abilities, memory, general knowledge, and spatial imagery. Alzheimer s, Parkinson s, and stroke patients use to have an effective (every day) IQ of 100-120 Now, due to brain chemistry, their effective IQ is below 100 and can be as low as 70....



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