

PREGNANCY THE BEGINNER'S GUIDE



Book Condition: New. Publisher/Verlag: Dorling Kindersley UK | A guide to pregnancy and beyond. It follows the progress of mother and baby month-by-month, making it easy for you to use at all stages of your pregnancy and includes special sections for dads that give tips on what to expect and what's expected of them. | The essential guidebook to pregnancy and beyond You're having a baby and starting parenthood- the adventure of a lifetime! Pregnancy The Beginner's Guide is a trusty travel guide for this amazing journey, from conception to birth and beyond. Being pregnant can feel like being in a foreign country- people use words you've never heard of, such as effacement, you have to visit new places, like birthing units, and you don't know what to wear or what's safe to eat. Pregnancy The Beginner's Guide has the answers with lists, Top 10 facts and a helpful translation guide for the new experiences and words you'll encounter. It follows the progress of mother and baby month-by-month, making it easy for you to use at all stages of your pregnancy and includes special sections for dads that give tips on what to expect and what's expected of them. Pregnancy The Beginner's Guide is a practical handbag-sized handbook for your journey through pregnancy and birth. | Format: Hardback | Language/Sprache: english | 700 gr | 199x155x27 mm | 256 pp.



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