



## Group Workbook for Treatment of Persistent Depression: Cognitive Behavioral Analysis System of Psychotherapy- (CBASP) Patient's Guide (Paperback)

By Jr. James P. McCullough, Jennifer Kim Penberthy, Liliane Sayegh

Taylor Francis Ltd, United Kingdom, 2016. Paperback. Book Condition: New. Workbook. 279 x 216 mm. Language: English . Brand New Book. The Group Workbook for Treatment of Persistent Depression is a guide for patients suffering from persistent depression who participate in group therapy. The workbook provides handouts and skills training that require the help of a trained professional to teach and animate in a group format. Patients will be able to maximize their acquisition of emotion coping skills by using this book in conjunction with Group-CBASP sessions.



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